

SOAR OF COLUMBUS FITNESS SYSTEMS

ATHLETE ENHANCEMENT TRAINING

GROUP SESSION TRAINING: (Speed: 45 min. and Strength: 45 min.)

1 session	\$28.00	\$28.00 per session
3 sessions	\$75.00	\$25.00 per session
8 sessions	\$192.00	\$24.00 per session
16 sessions	\$352.00	\$22.00 per session
24 sessions	\$480.00	\$20.00 per session

UNLIMITED GROUP TRAINING: (Speed: 45 min. and Strength: 45 min.)

1 month	\$250/month
3 months	\$230/month
6 months	\$210/month
9 months	\$190/month
12 months	\$2,000/year

PERSONAL TRAINING: (1 Hour)

1 session	\$55.00	\$55.00/session
3 sessions	\$150.00	\$50.00/session
8 sessions	\$376.00	\$47.00/session
16 sessions	\$720.00	\$45.00/session
24 sessions	\$960.00	\$40.00/session

SUPERVISED MEMBERSHIP: (Testing, Program Design, Monitored By Trainer)

1 month	\$130/month
3 months	\$120/month
6 months	\$110/month
9 months	\$100/month
12 months	\$90/month

OPEN GYM MEMBERSHIP: (6AM-3PM)

1 month	\$50.00/ month
3 months	\$45.00/ month
6 months	\$40.00/ month
9 months	\$35.00/ month
12 months	\$30.00/ month